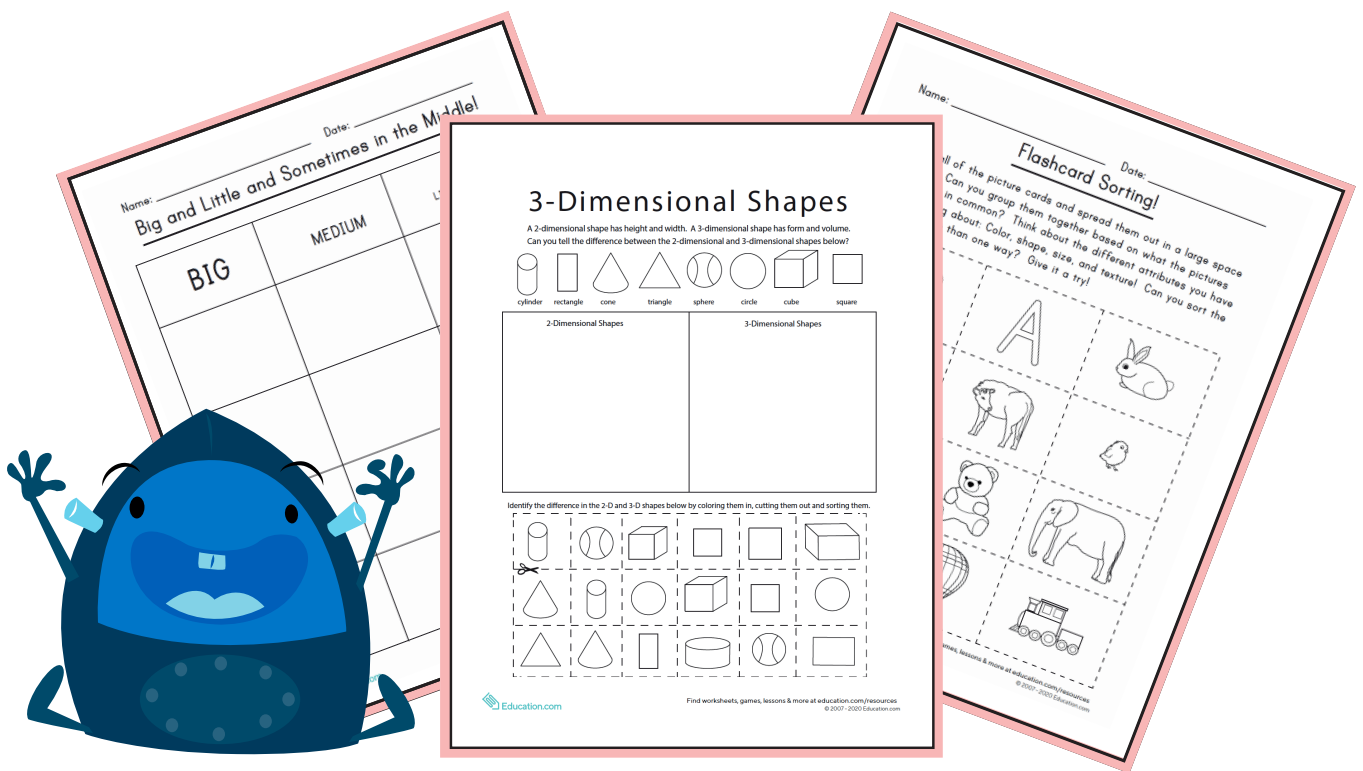


Week 3

K

Independent Study Packet

 Education.com



**5 MORE Days of
Independent Activities in
Reading, Writing, and Math**

Helpful Hints for Students and Families

Materials You Will Need:

- Pencils
- Extra paper or a notebook/journal (everything can go in one place)
- Colored pencils, markers, or crayons for some of the activities



Directions & Tips



- You may complete the activities in any order.
- Check off each of the activities when you finish them on the menu.
- Make sure an adult signs the activity menu page before you bring it back to school.

Activity Menu

	Day 1	Day 2	Day 3	Day 4	Day 5
Reading 	Each day, read for 15 minutes and choose one activity from your Reading Log to complete.				
Writing	Each day, write some news about what you did in the Daily News worksheet.				
Literacy 	Flashcard Sorting	Easy Sudoku: Letters a,b,c,d	Find the Missing Middle Letter	Find the Missing Letter	Five Little Monkeys Jumping on the Bed
Math 	Sporty Sudoku	Big and Little and Sometimes in the Middle! Zoo Sudoku	Counting: Vegetable Garden	Sort 2D and 3D Shapes	Cut-Out Graph: Sea Creatures
Other Fun Stuff 	Make a Cereal Box House	Color a Tangram Template	Make a Puppet Theater	Make a Sensory Cloud	Mindfulness: Guide to Feelings Cards

Parent/Guardian Signature: _____

Reading Log

1. Read a book by yourself or with a grown-up.
2. Put your name and the title of the book at the top of a new page.
3. Choose one of the ideas and write one or two sentences about your book. Remember, not all of the questions make sense for every book.
4. Don't forget to tell why or how you know, or both if you can!



How did the story end?	Who is your favorite character? 	Is this book like any other book you have read? Which one?
How does the main character feel in this book?	Which words in the book were tricky?	Where does the story take place (the setting)?
What is your favorite part of the story? 	What is the big problem in the story? How is it solved?	What did you learn from reading this book?
What friend or family member might like this book?	When does the story take place (the setting)?	At the end, did any characters change from how they felt at the beginning?
What is your favorite picture in the book?	What did the author want you to learn?	What surprised you in the book?

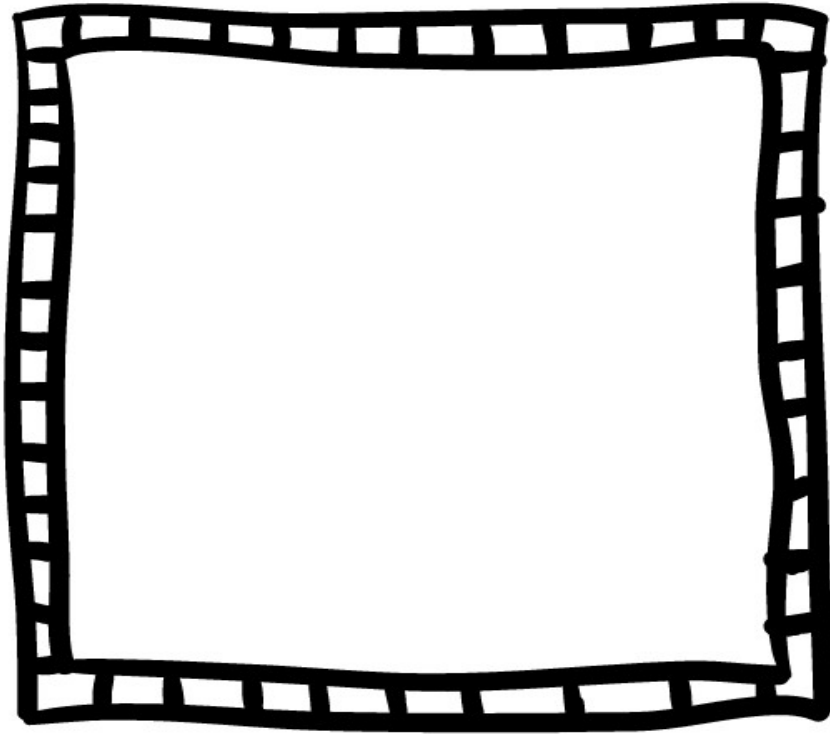
Day 1

Reading	Read for 15 minutes and complete your Reading Log.
Writing	Write your Daily News.
Literacy	How many different ways can you sort these cards? Cut out, color, and sort!
Math	Sort the balls into the right squares.
Fun Stuff	Make a cereal box house!





My Daily News



Some ways to start
your Daily News:

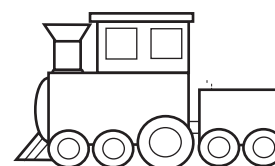
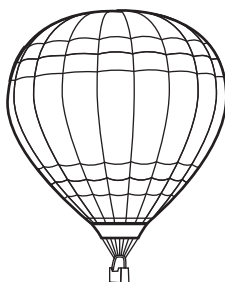
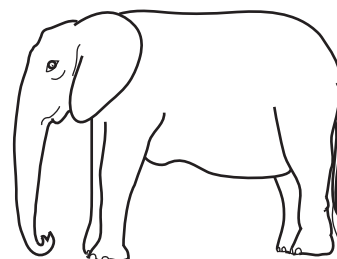
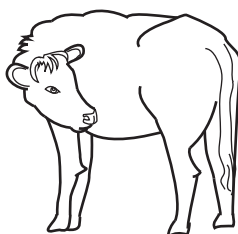
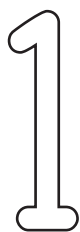
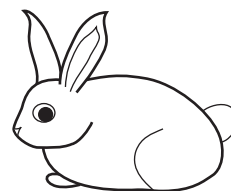
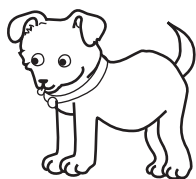
Today I
I went
I learned
I saw

Or, pick your own
way to start!

Name: _____ Date: _____

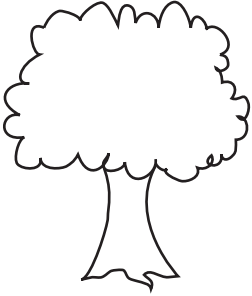
Flashcard Sorting!

Cut out all of the picture cards and spread them out in a large space facing up. Can you group them together based on what the pictures might have in common? Think about the different attributes you have been learning about: Color, shape, size, and texture! Can you sort the cards in more than one way? Give it a try!



Name: _____ Date: _____

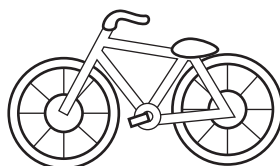
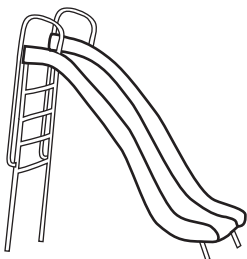
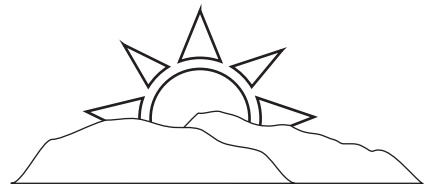
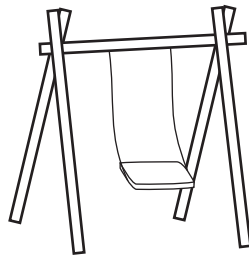
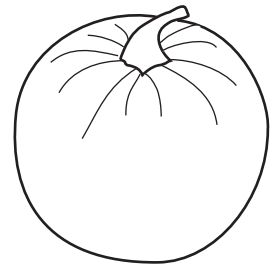
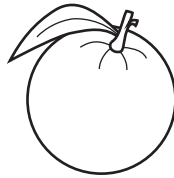
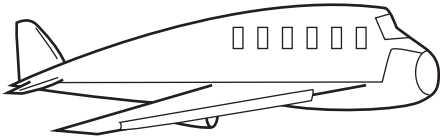
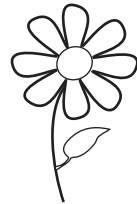
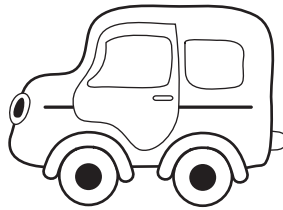
Flashcard Sorting!



2



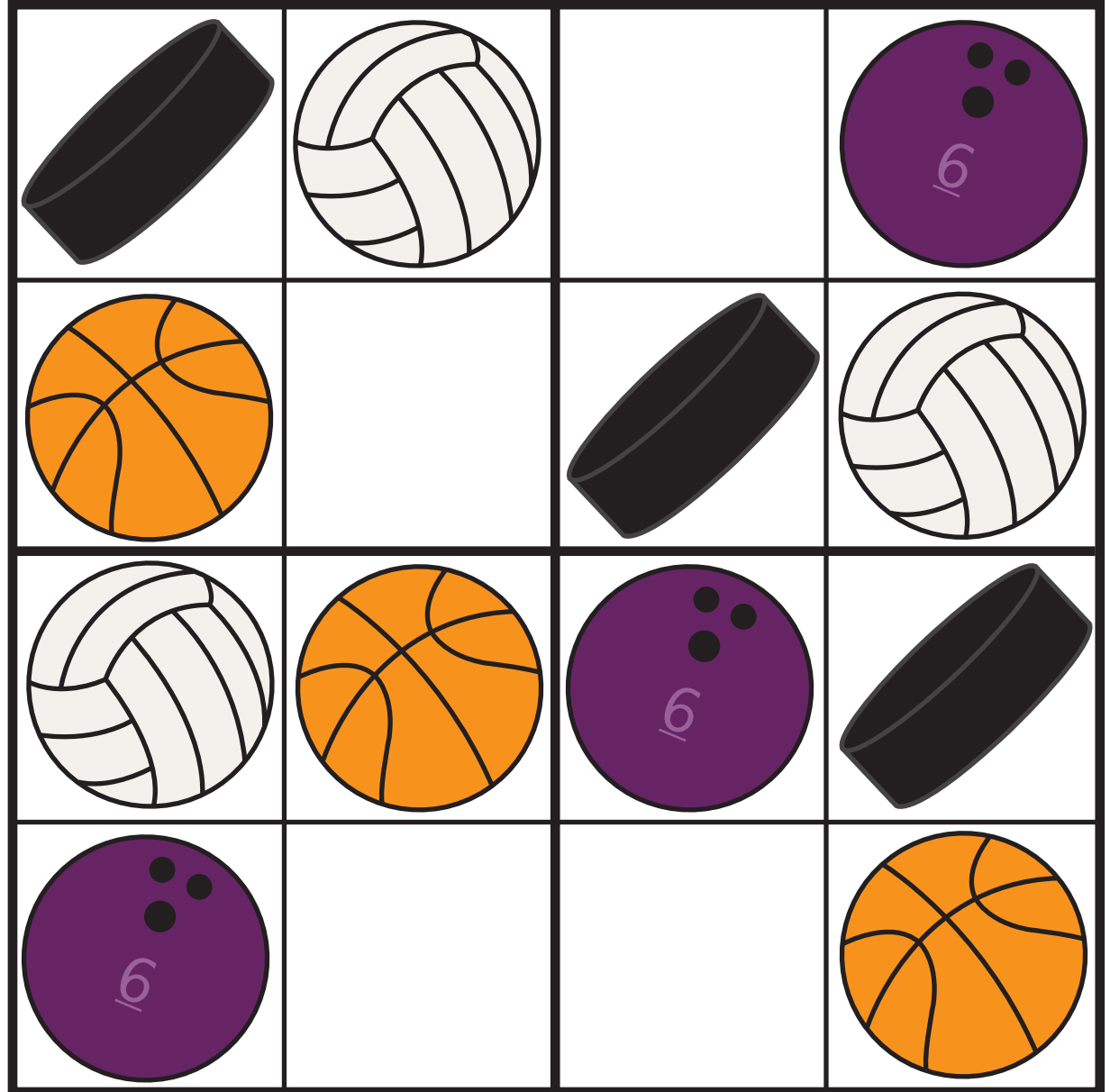
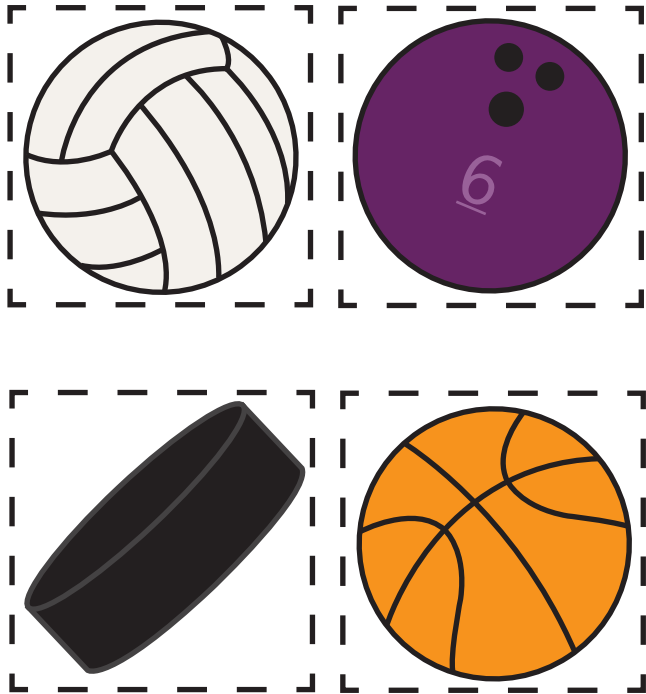
C



3

Sports Sudoku

Make sure there is one volleyball, one bowling ball, one hockey puck, and one basketball in each row, each column, and each block. Cut out the pictures below and glue them into the puzzle!



Make a Cereal Box House

Recycle your cereal boxes and engage your child's creativity with this fun arts and crafts project. The end product is a cool house that your child can decorate and play with anytime they want.

What You Need:

- Cereal box
- Pencil
- Ruler
- Scissors
- Craft knife (with parental supervision)
- Markers, decorative paper or paint

What You Do:

1. Help your child to flatten the cereal box and cut off the flaps on the top and bottom of the box.
2. Remove the front panel of the box. What remains should still stand on its own.
3. Flip the box so the flat cardboard is facing up.
4. Have them cut down the skinny sides of the box so they are half as tall as the center panel.
5. Then, ask them to trim the top of the center panel into a roof. They can create any type of roof they like. If you want you can show them some examples including a slope, angular, or even a flat roof.
6. Ask them where they want the doors and windows. They can use a ruler to help draw them in so they're straight.
7. Help them to use the scissors to cut open the door on the right vertical side and along the top.
8. Help them use a craft knife to cut open the windows. The shape that will be cut is a capital "I." This will allow them to fold back the flaps to create shuttered windows.
9. Now, they can decorate their house with markers, decorative paper, or even paint.
10. When they've finished, have them fold out the box so it can stand on its own. If they like, they can add scenes by drawing them on white paper and taping them behind the windows and in the door. They can also draw and cut out flowers for the windows.



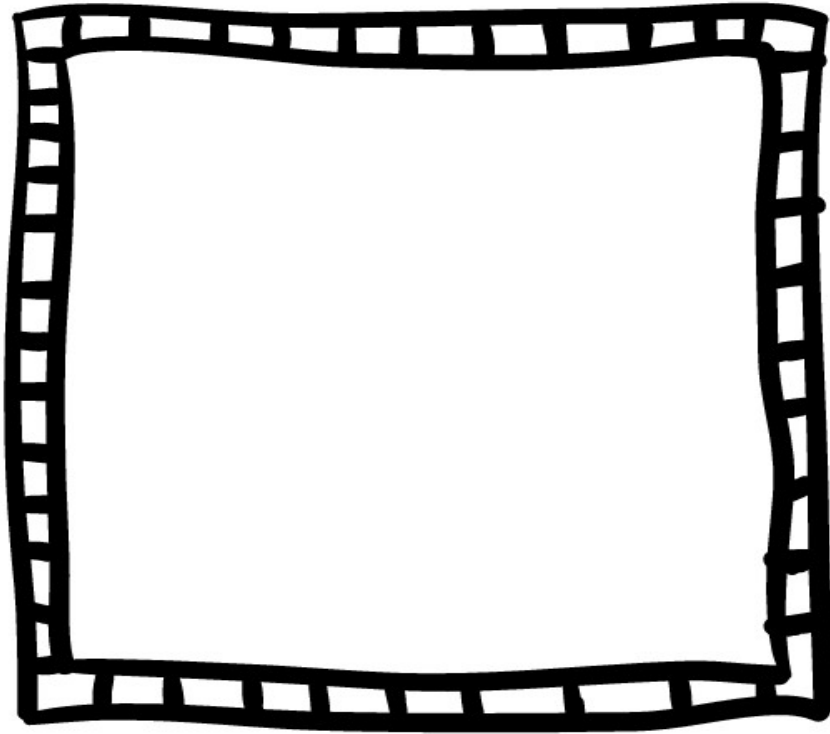
Day 2

Reading	Read for 15 minutes and complete your Reading Log.
Writing	Write your Daily News.
Literacy	Put the letters in the right places in this puzzle.
Math	Sort these things by size and put the animals in the right place.
Fun Stuff	Make some tangrams!





My Daily News



Some ways to start
your Daily News:

Today I
I went
I learned
I saw

Or, pick your own
way to start!

easy

Letter Sudoku: abcd

This is a Sudoku puzzle!

To play, fill in each blank square with the correct letter.

Remember: The letters **a**, **b**, **c**, and **d** each must appear only once in each

row , column , and block .

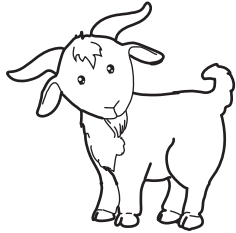
d		c	
b	c	a	d
a	d	b	c
	b		a

Name: _____

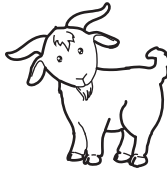
Date: _____

Big and Little and Sometimes in the Middle!

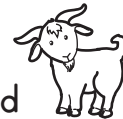
Everything is a different size... Just like the Three Billy Goats Gruff, we can sort things based on size:



"BIG,"

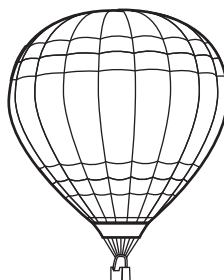
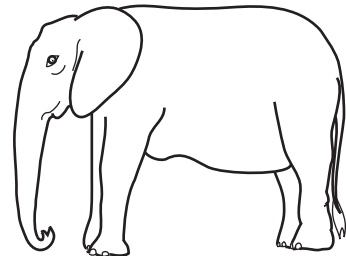
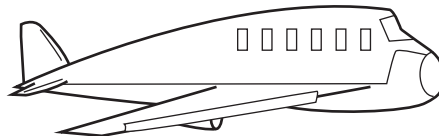
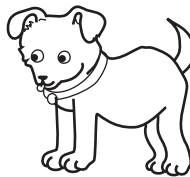
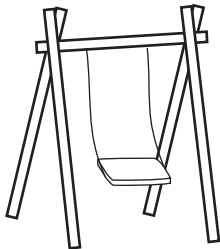
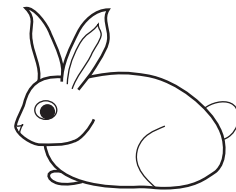
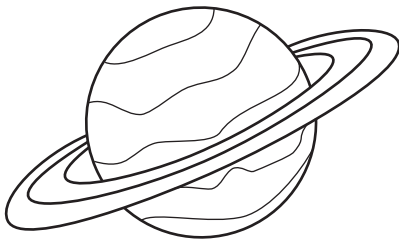


"MEDIUM,"



and "LITTLE."

Cut out the pictures on the first page. Then glue each object in the correct column on the second page. Choose **BIG**, **MEDIUM**, or **LITTLE** for each picture.



Name: _____ Date: _____

Big and Little and Sometimes in the Middle!

BIG	MEDIUM	LITTLE

easy

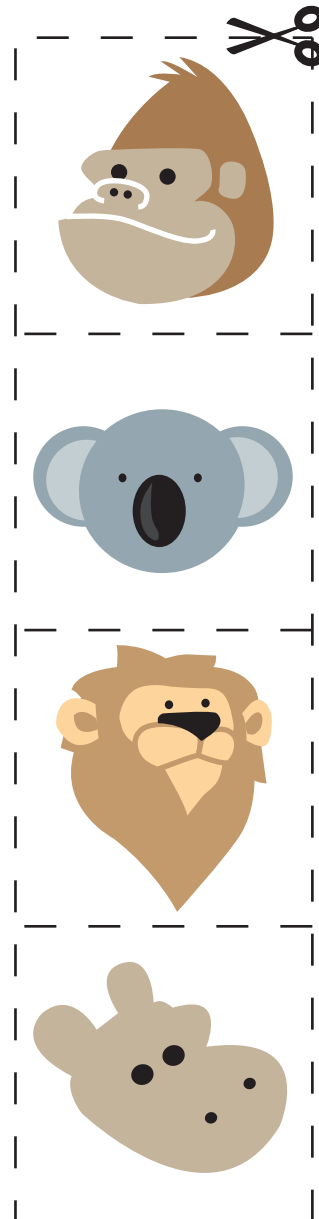
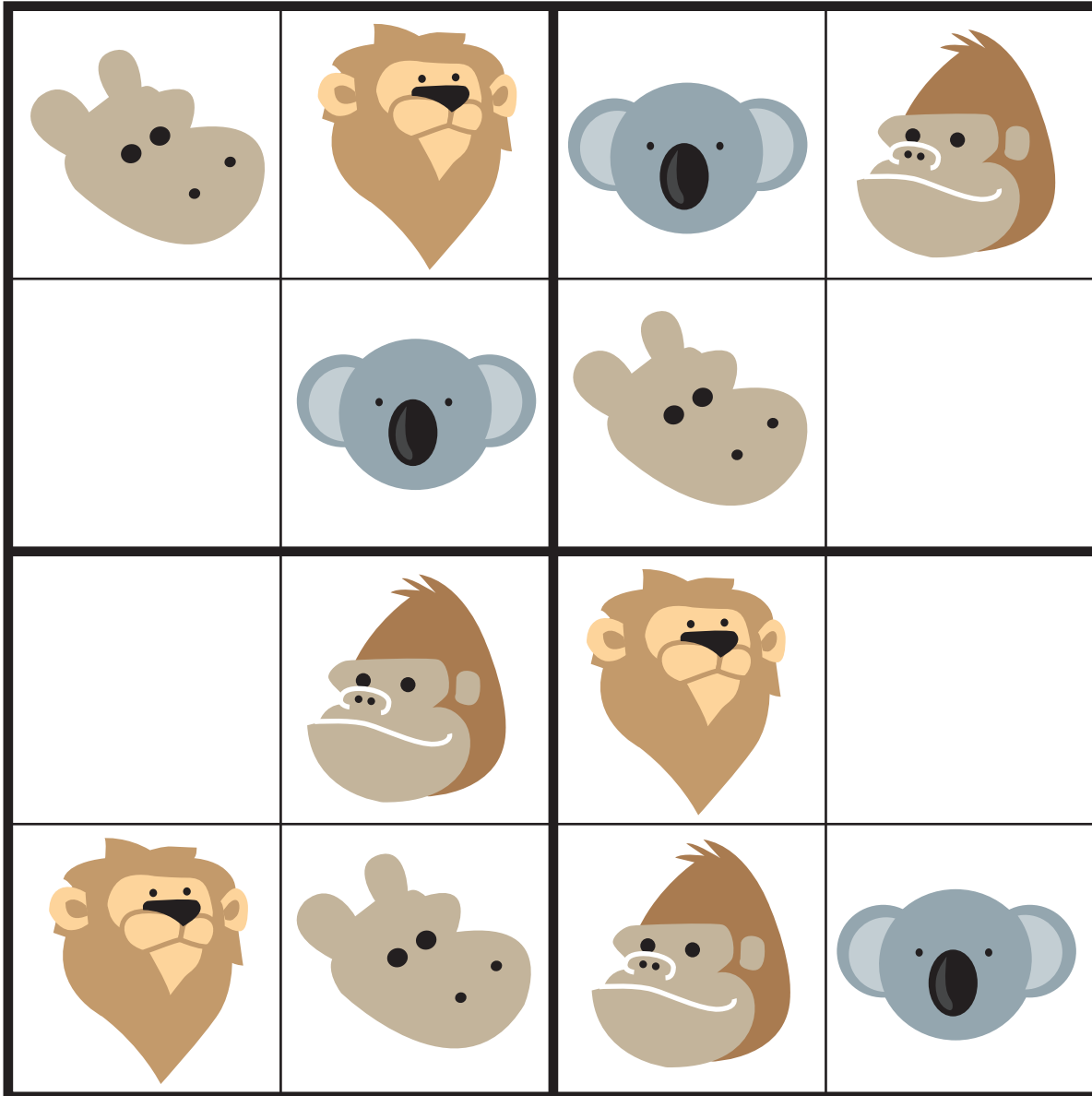
Zoo Sudoku

This is a Sudoku puzzle!

To play, cut out the pictures and glue each one in the correct square. Remember:

The lion, gorilla, hippopotamus, and koala must appear only once in each

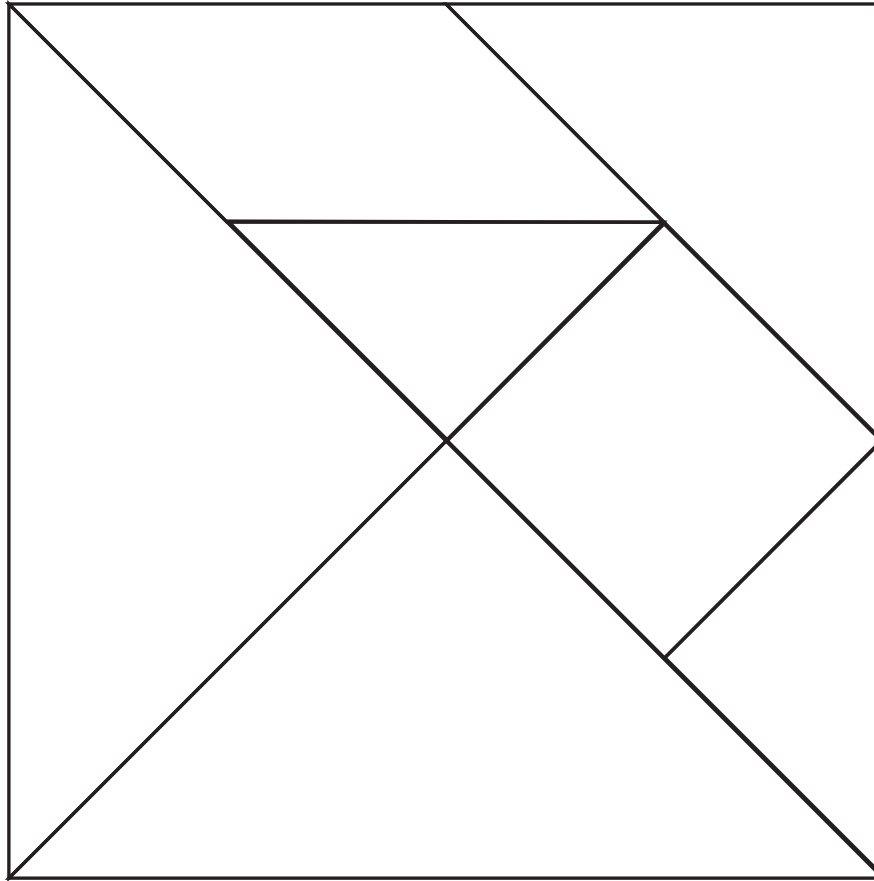
row , column , and block .



Color And Make Your Own Tangrams

Tangram is an ancient Chinese geometric puzzle where a square is cut into seven pieces that can be arranged to create different figures.

Objective of the puzzle : To form a specific shape using all seven pieces, which may not overlap.



1. Print this pattern on cardstock or thick paper so it can be reused.
2. Cut out the pieces with the help of a parent.
3. Print out a tangram pattern card.
4. Ask your child to use all seven of these pattern pieces to recreate the picture on that pattern card.

TIP: Once your child learns to create the figure using a pattern card, ask him to create it again on plain paper, without using the pattern card as a guide.

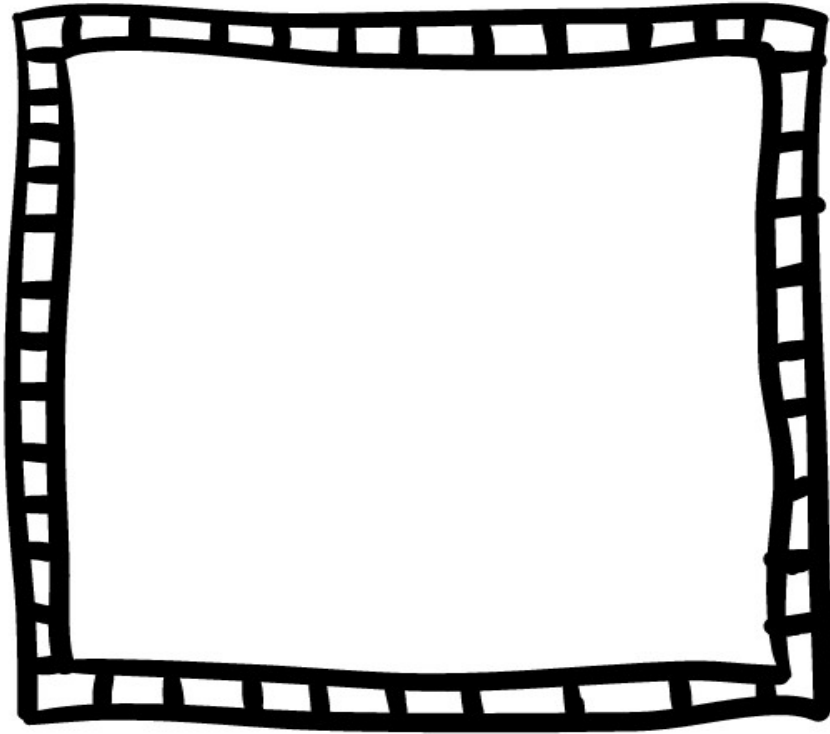
Day 3

Reading	Read for 15 minutes and complete your Reading Log.
Writing	Write your Daily News.
Literacy	Find the middle letter in these words.
Math	Fill in the chart for veggies.
Fun Stuff	Make a puppet theater!





My Daily News

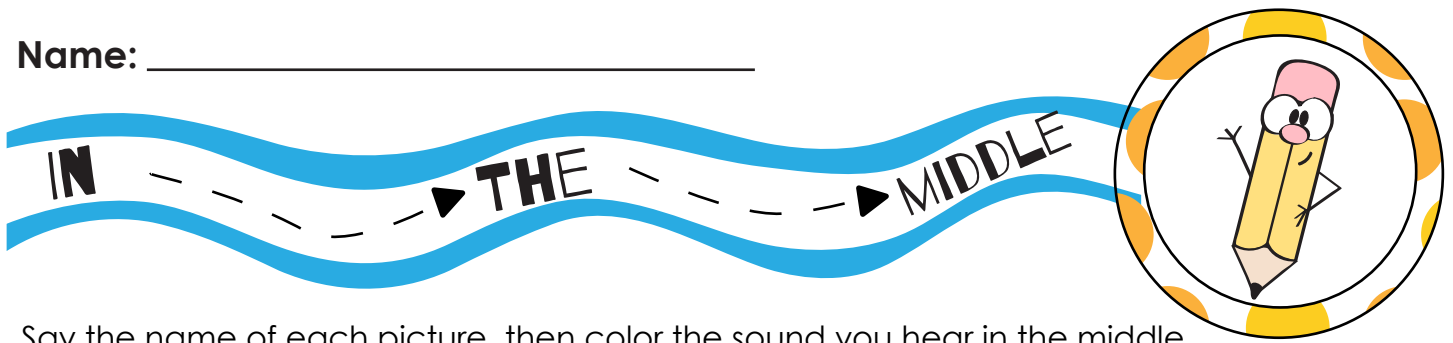


Some ways to start
your Daily News:

Today I
I went
I learned
I saw

Or, pick your own
way to start!

Name: _____

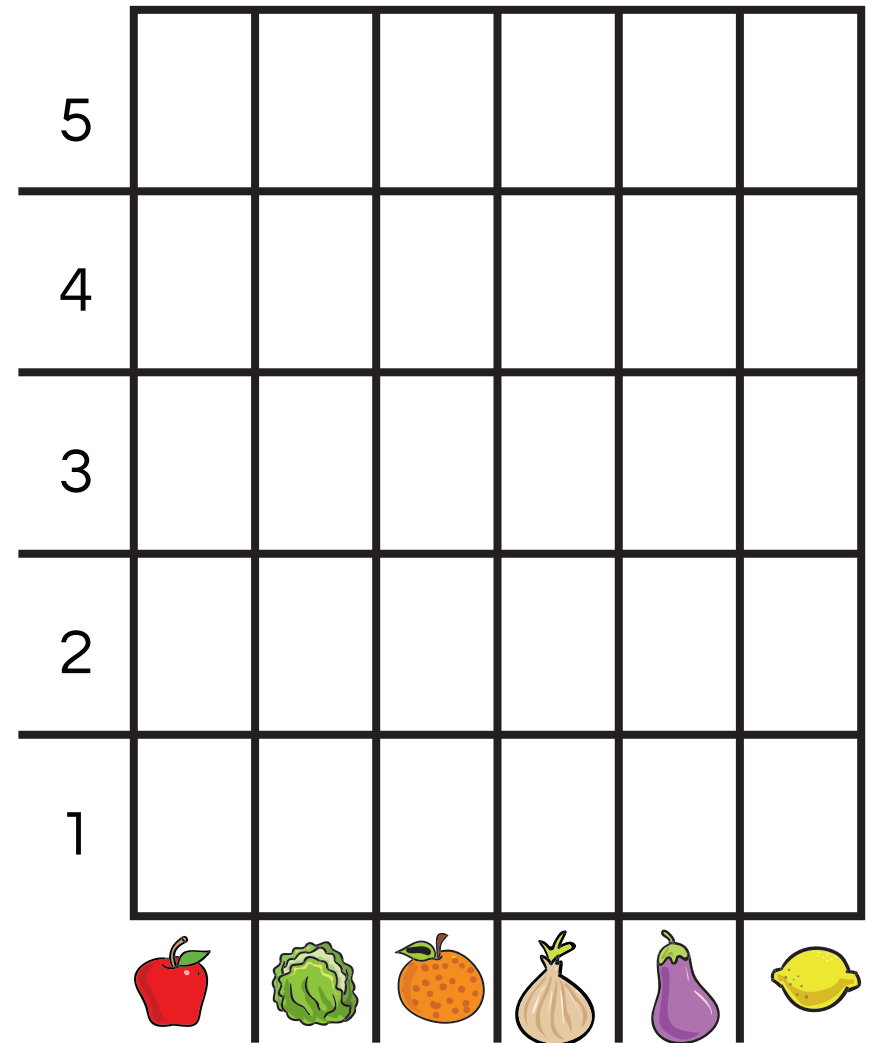
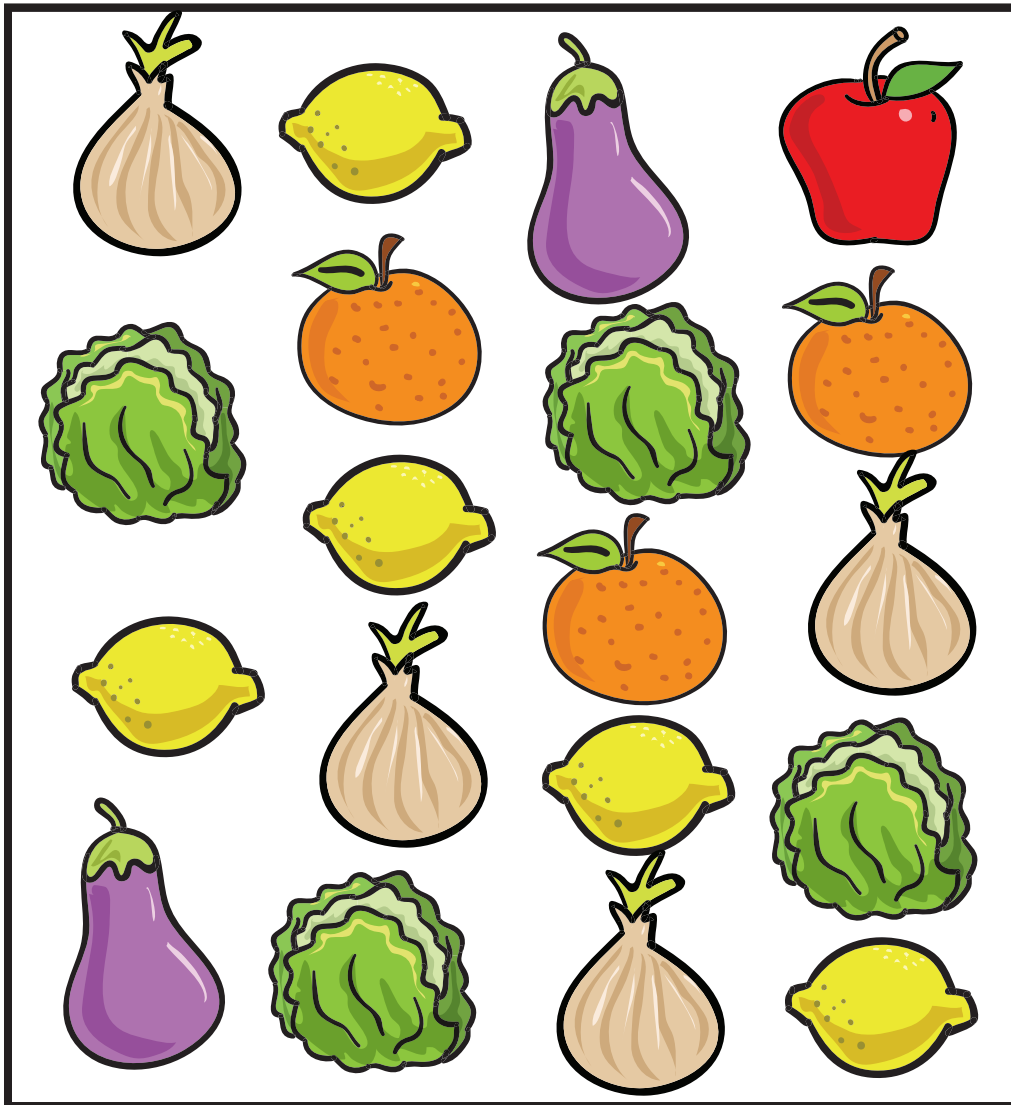


Say the name of each picture, then color the sound you hear in the middle.
Trace and finish the word.

(m) (b) (n) _____ a _ _ _	(o) (a) (u) _____ b _ _ _	(o) (a) (i) _____ c _ _ _
(a) (e) (i) _____ v _ _ _	(a) (b) (u) _____ c _ _ _	(e) (a) (i) _____ s _ _ _
(u) (a) (i) _____ c _ _ _	(i) (e) (u) _____ p _ _ _	(a) (e) (i) _____ p _ _ _



What a wonderful garden! These living things are growing quickly! Let's use a graph to show how many of each thing we have. Count the vegetables and color in the chart next to the correct picture.



Make a Puppet Theater

Set the stage for a series of fun-filled puppet shows with your preschooler by transforming an ordinary cardboard box into a one-of-a-kind, box theater! This puppet theater is a great way to spend quality time with your child while creating a useful play set. Work together in the creation of a stage, scenery, puppets, and storyline inspired by a favorite character, book, or movie. For an added lesson, re-purpose everyday household objects for the art materials used to emphasize being environmentally aware.

What You Need:

- A large cardboard box
- Scissors
- Packing tape, or other strong tape
- Glue
- Crayons or markers
- Magazines, newspapers, or fabric samples

What You Do:

1. Turn the box upside down. Make sure that the opening is on the bottom.
2. Ask your child to trace a line around the top half of the box on the front side. Extend this line across the center of the box.
3. Using the scissors, cut the line around the edges of the box. Do not cut through the middle line. This step should be done by an adult.
4. Fold the top half flap that has been cut down by bending the cardboard at the drawn middle line.
5. Optional: If you do not want to have to lift the box up and down every time your child uses the puppet theater, have them help you to create a back door. Ask your child to draw a door on the back of the box. Cut out one side and the top of the drawing. Fold the door back to form a flap.
6. Invite your child to decorate their new theater however they would like. This can be done by drawing with markers or crayons or gluing child-friendly magazine or newspaper pictures onto the box in collage style. For an added flare, decorate with ribbons or pretty pieces of cut fabric.
7. When the decorations are in place and the glue is dry, they now have a place to perform. Round out your stage by encouraging your child to create a variety of puppets to perform with and multiple backdrop drawings that can be hung inside the box. Finally, enjoy the show!



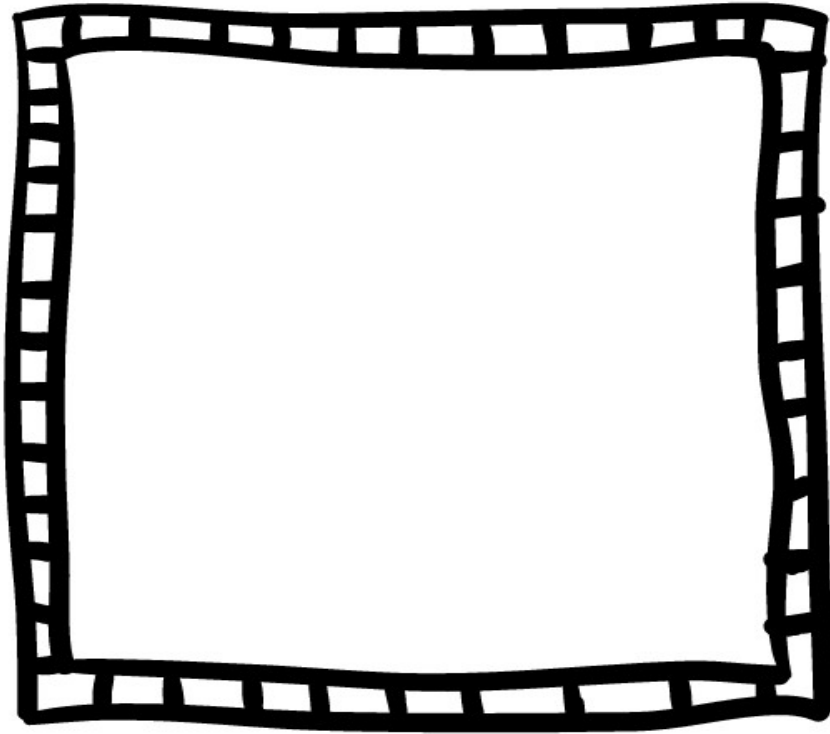
Day 4

Reading	Read for 15 minutes and complete your reading log.
Writing	Write your Daily News.
Literacy	Find the missing letter.
Math	Sort these shapes.
 Fun Stuff	Make a sensory cloud.





My Daily News



Some ways to start
your Daily News:

Today I
I went
I learned
I saw

Or, pick your own
way to start!

Name _____

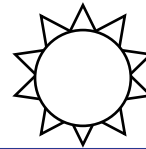
Date _____

FIND THE MISSING LETTER

Letters are missing below! Use the pictures as clues to find the missing letter.



1. The ___abbit sees a ___arrot.



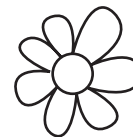
2. A ___loud covers the ___un.



3. The ___og chases the ___at.



4. ___ows eat ___rass on the farm.



5. The ___ug crawls on a ___lower.

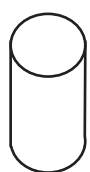


6. I like ___ooks about ___hosts.

3-Dimensional Shapes

A 2-dimensional shape has height and width. A 3-dimensional shape has form and volume.

Can you tell the difference between the 2-dimensional and 3-dimensional shapes below?



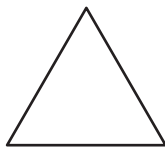
cylinder



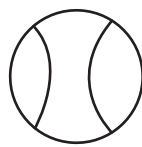
rectangle



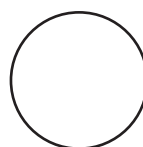
cone



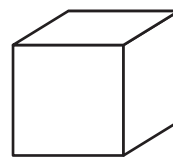
triangle



sphere



circle



cube

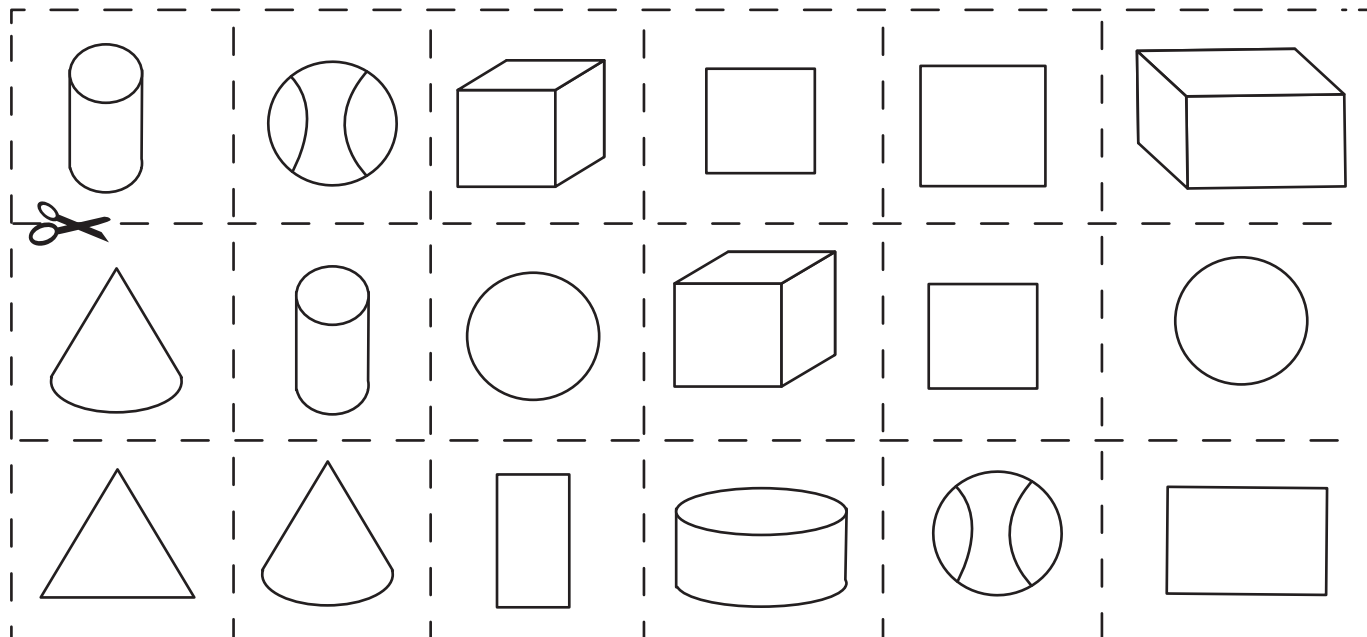


square

2-Dimensional Shapes

3-Dimensional Shapes

Identify the difference in the 2-D and 3-D shapes below by coloring them in, cutting them out and sorting them.



Make a Sensory Cloud

This is a great activity to stimulate your child's senses, and a fun item to add to a sensory table. If you don't have a sensory table, also known as a sand and water table, a big plastic bin does the trick. Bonus: the materials only take two seconds to throw together! Yes, this craft is a little messy, but the good news is that the lavender scent is extremely relaxing, so it's like aromatherapy, a room deodorizer, and a learning tool all in one. Just keep a vacuum on-hand and you're good to go!

What You Need:

- 4 Cups flour, or, 4 Cups baking soda
- ½ Cup vegetable oil
- 1-2 Drops of lavender essential oil
- Tempera paint powder or crushed chalk (optional, for color)

What You Do:

1. In a clean, dry container or bin mix all the ingredients together.
2. If adding color, use only a spoonful of tempera paint or powdered chalk to start and mix well. Continue adding spoonfuls to desired color intensity. Prepare chalk by putting some chalk in a baggy and using a sturdy object and/or hard surface along with firm pressure to grind the chalk into dust.
3. Once it's all mixed together the "cloud" is ready for kids to play with it.



Want to make a bigger or smaller cloud? Just remember it's a 1 to 8 ratio of vegetable oil to flour. So if you use 2 cups of flour it'd be about ¼ cup of vegetable oil. Or, if you wanted 8 cups of flour, you'd add 1 cup of vegetable oil.

For an even simpler version, check out our [basic sensory dough recipe](#).

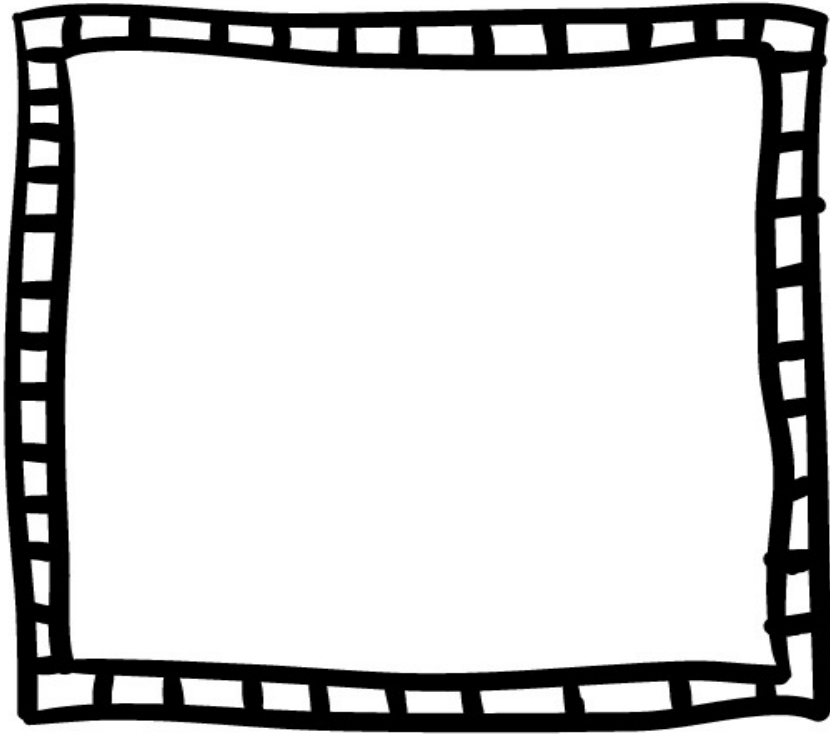
Day 5

Reading	Read for 15 minutes and complete your reading log.
Writing	Write your Daily News.
Literacy	Practice reading this fun song.
Math	Make a graph of these sea creatures.
 Fun Stuff	How are you feeling today?





My Daily News



Some ways to start
your Daily News:

Today I
I went
I learned
I saw

Or, pick your own
way to start!

Name: _____

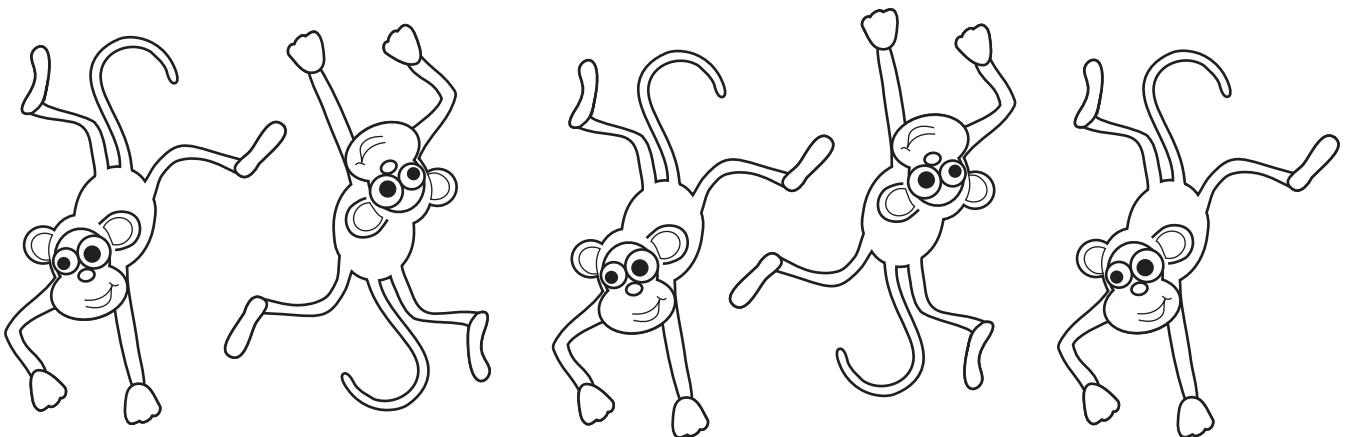
Date: _____

Five Little Monkeys Jumping on the Bed

Five little monkeys jumping on the bed,
One fell down and bumped his head,
Mama called the doctor and the doctor said,
"No more monkeys jumping on the bed!"

Four little monkeys jumping on the bed,
One fell down and bumped his head,
Mama called the doctor and the doctor said,
"No more monkeys jumping on the bed!"

Three little monkeys jumping on the bed,
One fell down and bumped his head,
Mama called the doctor and the doctor said,
"No more monkeys jumping on the bed!"

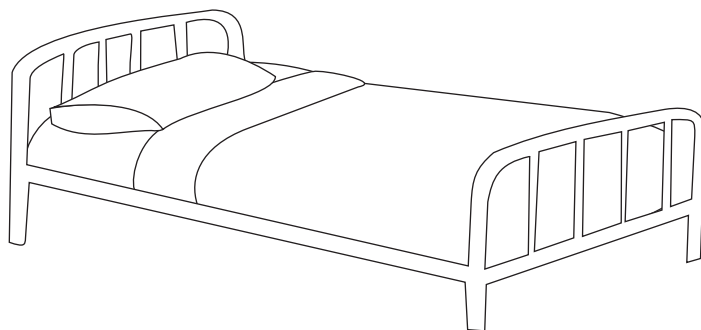


Five Little Monkeys Jumping on the Bed

Two little monkeys jumping on the bed,
One fell down and bumped his head,
Mama called the doctor and the doctor said,
"No more monkeys jumping on the bed!"

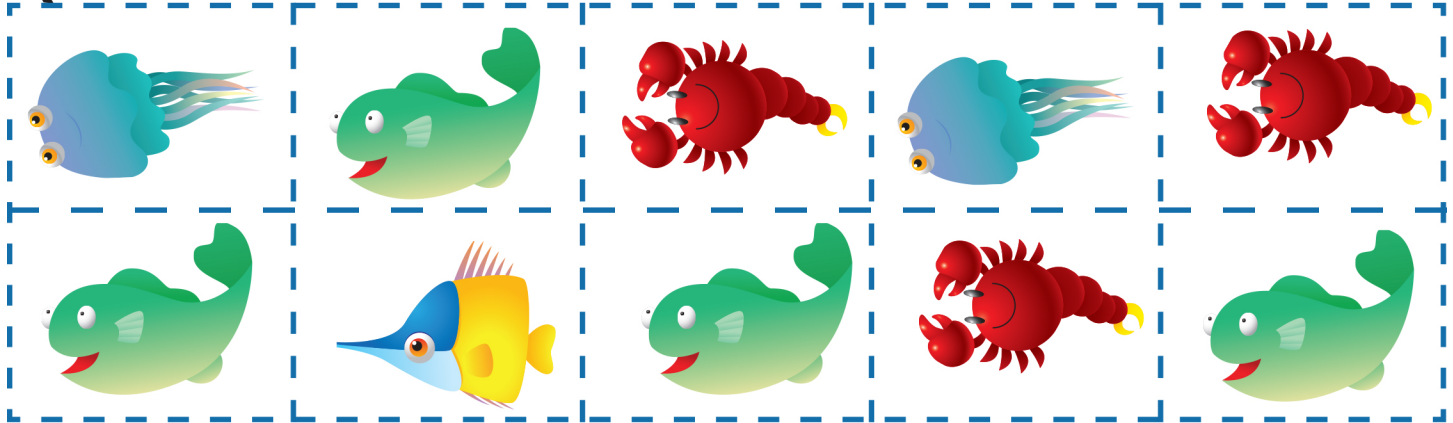
One little monkey jumping on the bed,
She fell down and bumped her head,
Mama called the doctor and the doctor said,
"Put those monkeys straight to bed!"

The five little monkeys jumped on the bed. What happened to each one after they jumped on the bed?



Sea Creature Graph

Cut out the sea creatures and arrange each kind in a column.
Which row has the most? Which has the least?

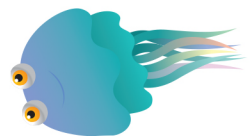
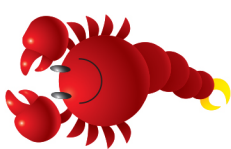


4

3

2

1



Name _____

Date _____

mindfulness series

GUIDE TO FEELINGS

How are you feeling today? Use these cards to explore emotions.
Use the blank templates to create additional feelings cards.



Angry



Annoyed



Anxious



Bored

Name _____

Date _____

mindfulness series

GUIDE TO FEELINGS

How are you feeling today? Use these cards to explore emotions.
Use the blank templates to create additional feelings cards.



Brave



Calm



Confident



Confused

Name _____

Date _____

mindfulness series

GUIDE TO FEELINGS

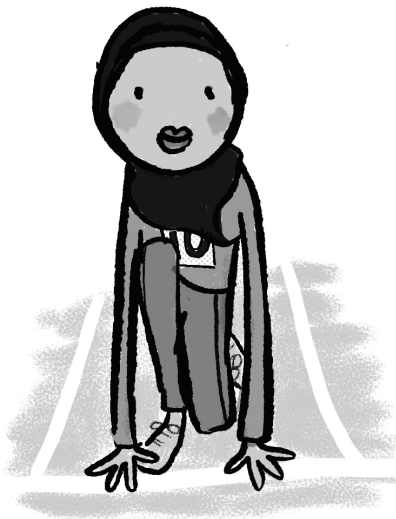
How are you feeling today? Use these cards to explore emotions.
Use the blank templates to create additional feelings cards.



Creative



Curious



Determined



Embarrassed

Name _____

Date _____

mindfulness series

GUIDE TO FEELINGS

How are you feeling today? Use these cards to explore emotions.
Use the blank templates to create additional feelings cards.



Excited



Focused



Frustrated



Gloomy

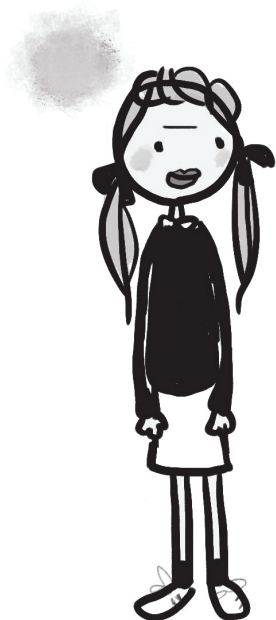
Name _____

Date _____

mindfulness series

GUIDE TO FEELINGS

How are you feeling today? Use these cards to explore emotions.
Use the blank templates to create additional feelings cards.



Grumpy



Grateful



Happy



Hopeful

Name _____

Date _____

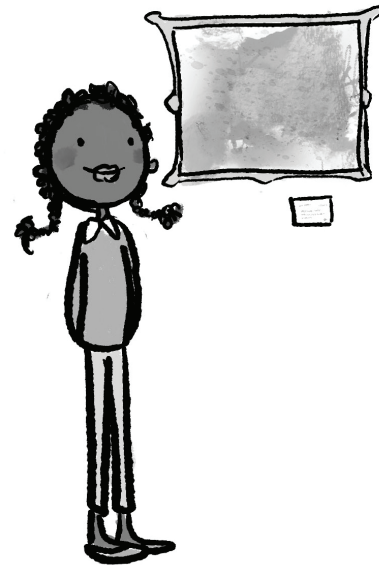
mindfulness series

GUIDE TO FEELINGS

How are you feeling today? Use these cards to explore emotions.
Use the blank templates to create additional feelings cards.



Hurt



Inspired



Lonely



Moody

Name _____

Date _____

mindfulness series

GUIDE TO FEELINGS

How are you feeling today? Use these cards to explore emotions.
Use the blank templates to create additional feelings cards.



Nervous



Peaceful



Proud



Relaxed

Name _____

Date _____

mindfulness series

GUIDE TO FEELINGS

How are you feeling today? Use these cards to explore emotions.
Use the blank templates to create additional feelings cards.



Sad



Shy



Silly



Stressed

Name _____

Date _____

mindfulness series

GUIDE TO FEELINGS

How are you feeling today? Use these cards to explore emotions.
Use the blank templates to create additional feelings cards.



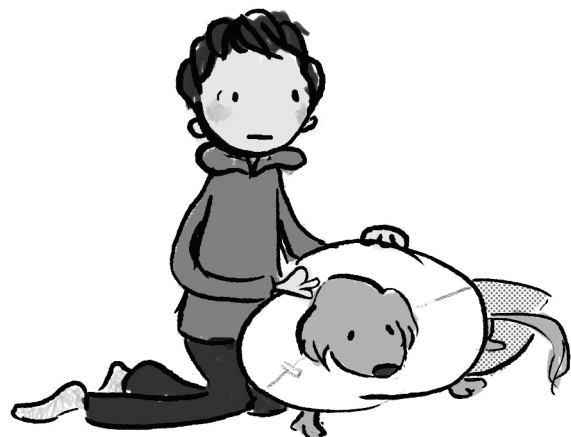
Strong



Tender



Tired



Worried

Name _____

Date _____

mindfulness series

GUIDE TO FEELINGS

How are you feeling today? Use these cards to explore emotions.
Use the blank templates to create additional feelings cards.

